



St Edmund's Prep Sports Extra



Issue 1.2

March 2014

Games and P.E

This term, Forms 1-6 (boys and girls) will be given the opportunity to play cricket and rounders in their Games lessons. They may bring in their own cricket bats and pads if they wish, although all equipment for lessons will be provided. Children may also wear cricket whites during Games lessons, but this is not compulsory. Please also ensure that your child has a **St Edmund's Prep tracksuit**, these will be worn over the top of PE kits during classes at certain times of the day in school and are regulation kit for sports fixtures.

The days for P.E and Games:

Form 1:

P.E- Wednesday **Games-** Friday

Form 2:

P.E- Wednesday **Games-** Friday

Form 3:

P.E- Friday **Games-** Monday

Form 4:

P.E- Tuesday **Games-** Monday

Form 5:

P.E- Thursday **Games-** Friday

Form 6:

P.E- Monday **Games-** Friday

The days for **tennis** and **swimming**:

Tennis:

Tuesday- Form 3

Swimming:

Monday- Reception and Forms 1 and 2

Tuesday- Forms 4 and 6

Wednesday- Nursery

The Games and P.E kits for this term are as follows:

Forms 1 and 2: *P.E+Games-* Tracksuits, Red T-Shirts, Black Shorts, White Socks, Trainers and Plimsols/ Indoor Trainers

Forms 3-6: *P.E+Games-* Tracksuits, Blue Polo Tops, Blue shorts, White Socks and Plimsols/ Indoor Trainers

Squad Practices

This year we have already had **after-school Squad Practices** for our football, hockey and netball teams on **Mondays** between **4.30pm and 6.00pm**. These focused on fitness, skills work and team play and really benefitted the school teams with training from the Prep School coaches. These sessions proved extremely popular with our children, with almost all of the girls in Forms 4-6 involved and most of the Form 5 and 6 boys coming along too. Our children also trained with the College cricket, hockey and rugby Year 7 and 8 teams after-school to help prepare them for sports matches in the next term.

After Easter, our **Monday Squad Practices** will focus upon **rounders** (Forms 4-6). There will also be a **rounders practice** on **Fridays** for Form 6 children (with the St Edmund's College Year 7 and 8 teams).

Lent Term 2014 Sports Review

Sports Teams Overall: Won 46 D14 L34 (including tournaments)

Our sports teams have won almost half of their matches overall, with the U11A Rugby, U11A Football and U11A Netball (in particular) achieving well. We have entered ten tournaments in the Lent Term, winning two of them. We won the **U11 Aldenham Netball Tournament** and the **U11 St Edmund's College Football Tournament**, were runners-up at the **St Francis' Netball Rally** and the **Woodford Green Prep 5-A-Side Tournament** and won the Plate Competition at the **U9 Forest Football Tournament**.

Unfortunately, inclement weather scuppered our earlier fixtures as January and February saw a lot of rain! This mostly affected a number of the hockey matches that were planned at this time, although we soon got back on track and played a large number of fixtures for both the boys and girls.

Football W12 D5 L6 (including tournaments)

U11A W9 D4 L3



The U11A football team have played in three tournaments this term, the **Woodford Green Prep School 5-A-Side Tournament**, the **St Edmund's College Tournament** and the **Wix Trophy Quarter Finals** (*See Tournament Reports below*). They did well to reach the finals of the **WGPS 5's** and win the **St Edmund's College Tournament**. At the **Wix Trophy Quarter Finals**, the U11A football team played against other district champions from around Hertfordshire after winning their district

round at Howe Green before Christmas to represent the Bishops Stortford District. Here they played two games against **Ickleford** where they won 1-0 and against **Greneway** where they drew 0-0. We narrowly lost out to **Greneway** on goal difference to finish in second place in the group and missed qualifying for the Wix Finals as best

runner-up on goals scored (after being level on 4 points with the other second-placed teams in the other two groups). So close...!

U9A W3 D0 L2



U9 Football- Forest Tournament Plate Winners
(See Tournament Reports below)

U7A W0 D0 L1



The U7A football team played an exciting match away to **Duncombe**. The match was very close in the first two thirds of the game with both teams having scored three goals, but in the final period the hosts scored three more and we lost this exciting game 3-6.

Girls W0 D1 L0



The U11 Girls Football Team played a match against **Sherrardswood**. After taking the lead, the opposition managed to score an equaliser as the game finished 1-1.

Netball W16 D6 L12 (including tournaments)

U11A W13 D4 L2



The U11A Netball team played against **Forest** at the start of this term. They won this game 5-1. The U11A Netball Team have also played in three tournaments this term, the **Aldenham Tournament, the Forest Tournament** and the **St Francis' College Netball Rally** *(See Tournament Reports below)*.

U11B W2 D1 L5



The U11B Netball team played against **Forest** at the start of this term. They lost this game 0-3. The U11B Netball Team have also played in one tournament this term, the **St Francis' College Netball Rally** (*See Tournament Reports below*).

U10A W1 D0 L3



U10 Haileybury Netball Tournament
(*See Tournament Reports below*)

U9A W0 D1 L2



The U9A Netball Team played a number of sports, including netball, at the **U9 Kingshott Festival** (*See Tournament Reports below*)

Hockey W4 D3 L6 (including tournaments)



Hockey Team Captain 2013/14- Claudia Williams

U11A W1 D1 L2



The highlight of the U11A hockey season was a 4-0 victory against **St Joseph's In The Park**. This game included some excellent performances and a number of goals that resulted from skilled wing play and crosses into the shooting circle.

U10A W2 D0 L0



The U10A team won both of their hockey matches this season, against **Forest** and **Duncombe**. The 4-0 win against **Duncombe** was particularly pleasing and offered much promise for next year, with the team playing very well as a team and displaying a skillful range of passes.

U9A W1 D1 L2



The U9A Hockey team played a game of quicksticks hockey, an adapted game including a larger ball for younger players, against **Duncombe**. The first half ended 0-0, with both teams showing some great attacking play and defending skillfully. However, **Duncombe** finished two chances in the second half as we lost this game 0-2.

The U9A Hockey Team played a number of sports, including hockey, at the **U9 Kingshott Festival** (*See Tournament Reports below*)

Boys W0 D1 L2



At a glance, the results for this team do not highlight the excellent performances behind the scores. After leading 3-0 against **Howe Green** at half-time, the opposition clawed their way back to secure a draw. They then lost 0-1 to **Loyola** (after conceding a late goal), before suffering a 1-3 reverse against a very good **Heathmount** team. Our U11 Boys A team includes some skillful players who are growing increasingly confident whilst attacking opponents' defences and are equally adept at demonstrating a range of different passing techniques. A good group of players are developing here!

Rugby W14 D0 L8 (including tournaments)



Rugby Team Captain 2013/14- Callum McGurk

U11A W6 D0 L3



The U11A Rugby Team won most of their matches this term, often by quite large margins. They developed into a strong unit of players who got stronger as a team as the season wore on. One particularly good game was against **Loyola** where we ended the match winning 35-15. We also played a tournament this term at the **Heathmount 7's** and played well against some very competitive sides (*See Tournament Reports below*)

U11B W1 D0 L2



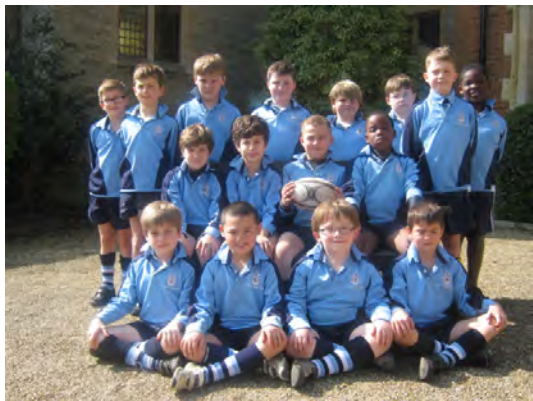
The U11B Rugby Team played very well this term too, and many were playing their first competitive rugby fixtures. In their final match against **Duncombe**, they recorded a 20-10 victory after some fine attacking play and some spirited tackling.

U10A W1 D0 L0



The U10A Rugby Team won their only match of the season against **Sherrardswood**, 30-15. They include a number of talented players, who tackle hard and distribute the ball well. Some have already played this season for the U11A team.

U9A W4 D0 L3



The U9A Rugby Team is also developing really well. They have played some tag rugby fixtures and some full contact matches. They prefer full contact! This said, the tag rugby games allowed them to focus on a more fluent running game. An exciting victory at the end of their season saw them defeat **Duncombe**, 40-5.

U7A W2 D0 L0



The U7A Rugby Team, affectionately known as the 'Tiny Terrors', really enjoyed their first taste of the sport in the form of Tag Rugby. The team includes some quick, nippy players who are not afraid to get stuck in! They won both of their games, 14-6 against **St Mary's** and 6-5 against **Duncombe**.

Cross Country



The Cross Country teams have competed in two races this term, at **Queenswood** and the annual **St Edmund's College** event. Notable performances in the St Edmund's College Race included **Oscar Simmons** finishing 1st in the U11 Boys and **Lucy Edmunds** finishing 3rd in the U11 Girls. At Queenswood, **Bella Uzoka** finished 9th and **Lucy Edmunds** 10th in the U9 and U11 events (including more than 60 competitors in each race!)

Tournaments

U11 Football- Wix Trophy Quarter Finals @ Wheatfields JMI, 2nd April, 2014

W1 D1 L0

The U11A football team played against other district champions from around Hertfordshire after winning their district round at Howe Green before Christmas to represent the Bishops Stortford District. Here they played two games against **Ickleford** where they won 1-0 and against **Greneway** where they drew 0-0. We narrowly lost out to **Greneway** on goal difference to finish in second place in the group and missed qualifying for the **Wix Finals** as best runner-up on goals scored (after being level on 4 points with the other second-placed teams in the other two groups). So close...!

U11 Football- St Edmund's College Football Tournament @ St Edmund's College, 22nd March, 2014 W5 D1 L2- TOURNAMENT WINNERS!

The U11A Football team arrived at St Edmund's College on a cold Saturday afternoon ready to play in the first annual St Edmund's College U11 Football Tournament. Their first game was against **Loyola Prep** and after a slow start they lost 0-1. The next two games were against **Keeble Prep** and **Bengeo JMI School**, with our team winning both, 1-0 and 2-0, as they started to find their rhythm and play better as a team. A 1-1 draw followed against **St Aubyn's**, with two long-range efforts equal reward for both teams. The final two games of the group ended with a loss to **Duncombe 'A'** 1-2 and a win against **Duncombe 'B'** 1-0. With the top four teams qualifying for the semi-finals, our record in the group stages was enough to secure an encounter against **Duncombe 'A'**. In a very good, competitive match, we narrowly missed a few excellent opportunities to score as our opponents clung on for penalties. We won the shoot-out to earn a place in the final against **St Aubyn's**. Another goalless encounter went to penalties, despite a number of great opportunities for our team finding their way agonisingly wide of goal. Another exciting shootout followed, but St Edmund's Prep won through thanks to a perfect record from the spot and a wonder save from our goalkeeper from the final penalty! A super afternoon of football, thoroughly enjoyed by all with some excellent football on display. Well done boys!



U11 Football- WGPS 5-A-Side Tournament @ Woodford Green Prep, 19th March, 2014 W3 D2 L1

On Wednesday 19th March, our U11A Football team travelled to Woodford Green Prep School to take part in their annual 5-a-side football tournament. We started off in Group A, after victories against **Loyola**, **Snaresbrook Prep** and **Normanhurst**, and two draws against **Woodford Green Prep B** and **Chigwell**, we managed to top the group and earn a place in the final against the host team without having conceded a single goal. An exciting finale to the day saw us play against **Woodford Green Prep A**, but the game finished with our opponents having scored the only goal in a close contest. Runners-Up medals followed and our tired team returned having played lots of exciting, fast-flowing football!

U11 Netball- St Francis' Netball Rally @ St Francis' College, 15th March

2014 U11B- W2 D1 L4

Our U11B team's first game was against the eventual winners, **St Joseph's In The Park B**. The game ended in a 1-3 defeat, but our team played well in their opening match. Later on in the tournament, the U11B team earned well-deserved victories against **Howe Green B**, 3-0, and against **Knebworth B**, 1-0. A 1-1 draw against **Knebworth C** was another good result, although we also lost 0-4 to **Bedford Girls B**, 0-6 versus **Heath Mount B** and 2-4 against **St Francis' College B**. The girls developed their team play as the morning went on, scored a number of good goals with some neat attacking play and defended resolutely. It was great to see such progress and the smiles of all of the girls that played netball on such a lovely, sunny morning



U11 Netball- St Francis' Netball Rally @ St Francis' College, 15th March

2014 U11A- W5 D1 L1

Our U11A team started the tournament well with a 6-0 victory against local rivals, **St Joseph's In The Park**. A very tight end-to-end match followed against ISA National Finalists, **Howe Green**, whose defence was giving nothing away easily! Trailing 2-3 in the closing stages, our girls mounted one final attack but were thwarted in their attempt and lost this match by one goal. A 5-2 win against the netball powerhouse, **Bedford Girls School** followed, before an emphatic 12-0 victory against **Kingshott!** The match that was to prove pivotal in final placings came next, against **Heathmount**. Needing a win, our girls fought back from 1-3 down to draw level in the final minutes of the game. In our final attacking play, needing a win, two shots bounced agonisingly off the edge of the rim of the net. The match finished 3-3. Two further wins followed, 7-5 against a strong **Knebworth School** team and 6-2 against the hosts, **St Francis' College**. A superb morning of netball, with some outstanding play by each member of the team (typified by their lightning quick counter-attacks) earned the girls runners-up medals and a trophy for coming second overall. Well done!



U9 Football- Forest Tournament @ Forest, 14th March 2014 W3 D0 L2

The U9 football team started off their group matches with a 0-1 defeat against **Chigwell**. Their next match ended with a 2-0 win against **St Aubyn's**, before their final match was lost to the eventual winners, **Loyola**, 2-0. The boys had played some very good football, using their wing backs effectively and making lots of chances with some thrilling runs from wide positions and crosses. After finishing 3rd in their group, they qualified for the Plate Competition where they were paired to face **Woodford Green Prep**. They won this game 2-1, with the winning goal coming in the last minute. The final game was against **St Aubyn's**, and after winning this game 2-0 the team finished as victors.



U11 Netball- Bancrofts Tournament @ West Grove, 12th March 2014 W3 D3 L1

The U11 netball team were very unlucky not to finish as Group Winners in the first round of this tournament. Their first game ended in a draw against **Gatehouse**, 1-1, after dominating play the team were unfortunate to concede a last minute goal. The next game was a 4-1 win against **Chigwell B** before the last game against **St Aubyn's**. After scoring two quick goals, our girls were winning quite comfortably, but two last minute goals from **St Aubyn's** tied the match at 2-2. The late equalisers in the two group matches ultimately meant that our team went through into the second group

of teams for Round Two. In these matches, we won 3-1 against **Park** and 5-0 versus **Coppice**. Against **St Aubyn's B** we drew 1-1 after their team scored a late equaliser (again) with only a couple of seconds remaining. After losing 0-5 against a strong team from **Churchfields** our girls finished up in 7th place out of the 23 competing teams. A good effort, well done!

U11 Netball- Aldenham Tournament @ Aldenham, 10th March 2014 W4 D0 L0- TOURNAMENT WINNERS!

The U11 netball team travelled to Aldenham Prep School in Elstree to play in their first annual U11 netball tournament. The team were in magnificent form, winning all four games to win the tournament. After winning 7-2 against **St Margarets**, 14-0 versus **Alpha Prep**, 8-0 against **Aldenham** and 5-0 versus **King Alfreds**, our U11 netball team finished the tournament by scoring 34 goals and only conceding 2. An excellent achievement, well done!



U11 Rugby- Heathmount 7's @ Heathmount, 7th March 2014 W1 D0 L2

The U11 rugby team went to the annual Heathmount 7s festival and competed against **Kings College**, **St Joseph's in the Park** and the host school, **Heathmount**, in the group stages. They had a narrow defeat 5-10 against **Kings College**, defeated **St Joseph's in the Park** 10-5, and lost to **Heathmount**. By finishing 3rd in their group they then faced **Edge Grove** and despite a spirited performance they eventually lost 12-0.

U9 Multi-Sports- Kinghott Sports Festival @ Kingshott, 1st March 2014 W1 D3 L4

A team of U9 girls travelled to Kingshott to participate in a fun morning of hockey, netball and football. They really enjoyed playing a variety of different sports and their confidence and team-play improved as the event wore on. In Hockey, they lost to **Kingshott**, drew against **Heathmount** and won against **Beechwood Park**. The netball finished with two defeats against **Heathmount** and **Kingshott** and a draw against **Beechwood Park**. Finally, the thrilling football matches concluded with an exciting draw against **Heathmount** and a narrow loss to **Beechwood Park**. Well done to **Bella Uzoka** who was named St Edmund's Prep's Player Of The Tournament.

U10 Netball-Haileybury Tournament @ Haileybury, 5th February 2014 W1 D0 L3

Our U10 girls played with good spirit against some tough opposition. In their group games they won against **St Hilda's**, but lost their other two games. This placed them in the 5/6th place playoff against **St Joseph's In The Park**. Unfortunately, despite a good performance, **St Joseph's In The Park** won the final match.

TRINITY TERM FIXTURE LIST

Date	Fixture	Location	Sport
Mon 28 th April	Kingshott	Away	U11 Swimming
Tues 29 th April	Christchurch	Away	U11 Netball
Weds 30 th April	Loyola	Home	U11 Cricket
Fri 2 nd May	St Joseph's In The Park	Away	U9 Cricket
Tues 6 th May	Hormead	Home	U7 Kwik Cricket
Weds 7 th May	SportsHall Athletics <i>v Sherrardswood + St Joseph's In The Park</i>	Home	U11 and U9 SportsHall Athletics
Fri 9 th May	St Joseph's In The Park	Home	U11 and U10 Rounders
Thurs 15 th May	Kingshott	Away	U9 Cricket
Thurs 15 th May	Kingshott	Home	U9 Rounders
Mon 19 th May	Duncombe	Away	U9 Cricket
Mon 19 th May	Duncombe	Home	U9 Rounders
Weds 21 st May	Kingshott	Away	U11 Rounders
Fri 23rd May	Prep & Pre-Prep Sports Day		
Mon 2 nd June	Sherrardswood	Home	U11 Tennis
Weds 4 th June	Ralph Sadleir	Home	U11 Cricket
Weds 4 th June	Ralph Sadleir	Away	U11 Rounders
Thurs 5 th June	Forest	Away	U11 Rounders
Fri 6 th June	Howe Green	Home	U11 Tennis
Mon 9 th June	SEP Athletics Meet <i>v Howe Green + Sherrardswood</i>	Home	U11 Athletics
Weds 11 th June	Kingshott	Home	U11 Cricket
Fri 13 th June	St Joseph's In The Park	Away	U11 Cricket
Tues 17 th June	St Mary's	Home	U11 Rounders
Tues 17 th June	St Mary's	Home	U9 Rounders
Tues 17 th June	St Mary's	Home	U7 Kwik Cricket
Weds 18 th June	Bancroft's Cricket Festival	Away	U11 Cricket
Mon 23 rd June	Forest Olympics	Away	U11 Athletics
Weds 25 th June	Duncombe	Home	U11 Rounders
Weds 25 th June	Duncombe	Home	U11 Boys' Rounders
Weds 25 th June	Duncombe	Home	U11 Cricket
Fri 27 th June	Duncombe	Home	U11 Athletics

Sports Coaches For 2013/14

Netball– **Mrs S Goodfellow, Mrs S Gamby, Miss J Warnes and Miss E Christen**

Football- **Mr G Goodfellow and Mr G Duddy**

Rugby- **Mr G Duddy and Mr G Goodfellow**

Hockey- **Miss E Wilkin, Mr G Goodfellow and Mrs S Goodfellow**

Cricket: **Mr G Goodfellow and Mr G Duddy**

Rounders: **Miss E Wilkin, Mr G Duddy, Mrs S Goodfellow and Miss Warnes**

Athletics: **Mr G Goodfellow and Miss E Christen**

Tennis: **Miss E Christen**

Cross-Country: **Mr G Duddy and Miss E Christen**

Swimming– **Mrs L Short**

Contact Details for Mr Goodfellow

If you would like to speak to me about an issue regarding sport in St Edmund's Prep for your child,

please contact me on:

Sports Mobile: 07595 081859

(this will be also be with the coaches listed during sports fixtures)

Work: 01920 824341

E-Mail: ggoodfellow@stedmundscollege.org