



10 TOP TIPS FOR STUDENTS ON REMOTE LEARNING FROM NATIONAL ONLINE SAFETY

1. Treat remote learning the same as classroom learning

Despite being at home, it's important to remember the same rules apply as being in the classroom, particularly in respect of behaviour and conduct. Focus on learning and don't get distracted by your surroundings!



2. Use classroom language

If you are encouraged to communicate via emails and online messages, don't use shorthand text speak and write as though you would speak in class. Remember to be respectful and polite and avoid posting negative comments or spamming the chat!

3. Take regular screen breaks

Whilst remote learning might be an exciting experience, having prolonged periods of time in front of a screen isn't always healthy. Remember to take regular breaks, get some fresh air where possible, and enjoy activities in your spare time such as our daily challenges!



4. Always conduct video learning in an open space at home

It's important to create the right environment around you. Try to set up a 'classroom desk' at home in an open space so parents can supervise. Avoid bedrooms as this could be considered inappropriate.

5. Only communicate through approved school portals & platforms

It's important that you send messages and any pictures/ images required for class through approved school channels, such as internal learning portals or approved platforms. This will help to keep your personal information safe and secure.



6. Follow school guidance around online learning

Follow guidance from your teachers for remote learning. Always maintain classroom behaviour and try to remember that you are in a learning environment and not a social setting.

7. Dress appropriately

As part of your learning environment, try to avoid wearing anything too casual or inappropriate for school. Please do not wear your hoodies up or any hats or caps during learning.



8. Don't share passwords or sensitive information

In order to begin your online lessons or to gain access to learning materials, you may be provided with login details and passwords. In the same way you keep your personal details private, always keep these safe and never share them with others.

9. Don't use school platforms to discuss personal matters

It's important to keep your school communication channels separate from your own personal communication with friends and family. Don't be tempted to engage in casual discussions or send images, videos or links via social school apps or platforms that aren't associated with your learning.



10. Look after your mental health and wellbeing

Remote learning means missing out on daily social interaction with friends. If you ever feel frustrated, low or sad, it's important to discuss how you feel with your parents or your tutor. Keep in touch with friends over the phone and on social media to boost your spirits!