



Our five Mission aims align with the shape of the cross to help us keep them in our hearts and minds.

Reflecting the scholarship of St Edmund with a balanced and challenging curriculum

Educating the whole person: mind, body and spirit

Demonstrating care and concern at home and in the wider community

A Christ-centred education

Building on our Catholic heritage

St Edmund's College

Thoughts for the Easter Holiday





Home Schooling:

‘It’s such a joy to be home with my children, to have the opportunity to really know them and what they are learning, and to help facilitate their learning in ways that work best for each of them.’

‘What we are being asked to do is not humanly possible. There is a reason we are either a working parent, a part-time working parent or a stay-at-home parent. Working, parenting and teaching are three different jobs that cannot all be done at the same time.’

‘If you see my children locked outside today, don’t worry – we are having a fire drill.’

Whatever your experience of home schooling has been in recent weeks.....

We are conscious of the very different experiences and challenges that home schooling has brought. Over Easter some parents will need to carry on working and for many plans to get away will have been cancelled. However, we would encourage students to treat the holidays as a break from schoolwork and an opportunity to develop new skills, complete challenges and/or simply relax. The Summer term will be here soon enough, and it is important to be refreshed and ready to go!





A thoughtful quote from Bill Gates

‘The Corona Virus reminds us how important our family and home life is and how much we may have neglected this. It is forcing us back into our houses so we can rebuild and to strengthen our family unit.

It reminds us that our true work is not our job, that is what we do, not what we were created to do. Our true work is to look after each other, to protect each other and to be of benefit to one another.’





Time for Connection

As we begin the Easter Holidays we encourage families, where possible, to engage in family activities and put aside the academics. The following are a few suggestions:

1. Play a Board Game
2. Draw a Picture
3. Bake a Cake or Cook a meal together
4. Take time to Play
5. Read a Book
6. Research Musical and Visual Arts
7. Write a Blog of Your time in Isolation (put in a scap book to read in the future)





Stress buster tips

If you or your child are feeling stressed;

1. Be Active – whilst sticking to the government guidelines
2. Take Control , manage your time
3. Connect with People
4. Have some 'me' time
5. Challenge Yourself
6. Help Other People
7. Try to be Positive
8. Accept the Things we cannot change
9. Reach out to those who can help





Well-being

We are in a time of great uncertainty and restrictions to our normal routines. The daily news makes grim reading and many families will be personally affected by the crisis. This inevitably brings challenges to mental well-being for parents and students. The following is a useful video for students on looking after their mental wellbeing at home:

<https://www.bbc.co.uk/bitesize/articles/zdjyy9q>

If you or your child are feeling stressed and/or overwhelmed, please also reach out and connect with the College community.

Contact your Head of House and Mr Curran, and we may be able to help.





Summer term - Tuesday 21st April

- Please do discuss and prepare students to return to studies as the new term approaches
- This is the time to bring the routine and academic structure back to your child's day
- College will begin at 9am with fresh work, resources online as well as Zoom lessons and content.